



# Soup Nutsy®

PURVEYOR OF WORLD GOURMET SOUPS

**PENNSYLVANIA DUTCH  
SPINACH & CORN**

## Nutrition Facts

Per 1 cup (227g) serving

Amount	% Daily Value
<b>Calories</b> 225	
<b>Total Fat</b> 13 g	20 %
Saturated Fat 7 g + Trans Fat 0 g	36 %
<b>Cholesterol</b> 40 mg	
<b>Sodium</b> 660 mg	27 %
<b>Total Carbohydrate</b> 21 g	7 %
Dietary Fibre 3 g	13 %
Sugars 7 g	
<b>Protein</b> 5 g	
Vitamin A:	9 %
Vitamin C:	8 %
Calcium:	17 %
Iron:	3 %

Nutritional information has been calculated by a third-party software and is accurate based upon information and belief. However, no warranty, expressed or implied is intended.